

Gemstone Properties & Healing Guide ***Shira Hanna Designs***

Amazonite ~ River energy. Harmony, power, courage & truth.

Amethyst ~ The All-Healer & Emotional Soother. Clarity, creativity & passion.

Ametrine (citrine + amethyst) ~ The Harmonizer of mind & spirit. Warmth, ease, physical well-being.

Apatite ~ Stone of Manifestation. Independence, communication, humanitarianism.

Aquamarine ~ Stone of Eternal Youth. Energy, joy & calm of the sea.

Black Opal ~ Stone of Intention. Strength of character & balance of energy.

Blue Lace Agate ~ Sky energy. Ethereal calm. Communication, ease, confidence.

Chalcedony ~ Stone of Optimism. Understanding, communication, positivity.

Citrine ~ Sun energy. Warmth, comfort, clarity & the assurance of new beginnings.

Carnelian ~ The Singer's Stone. Passion, love, desire, eloquence. Power & stamina.

Dendritic Opal ~ Abundance, prosperity & connection with nature.

Fluorite ~ The Dreamer's Crystal. Freethinking, flexibility, ease through life changes.

Garnet ~ Stone of Health. Cleansing, purification & vitality.

Green Aventurine ~ Stone of Opportunity. Determination, leadership & prosperity.

Green Amethyst (Prasiolite) ~ Stone of the Heart Chakra. Peace, love & inner harmony.

Green Onyx ~ Stone of Strength. Willpower, intention & discipline of the heart.

Herkimer Diamond ~ Gem of Pure Light. Spirituality, high vibration, alignment, attunement.

Iolite ~ Stone of Vision. Journey, intuition, exploration, adventure.

Jasper ~ The Supreme Nurturer. Grounding, stability, protection. Connection to Mother Earth.

Kyanite ~ Stone of Emotions. Connection, communication, tranquility & meditation.

Labradorite ~ Stone of the Northern Lights. Awakening & enhancement of the best in oneself.

Lapis Lazuli ~ The Gentle Healer. Truth, inner peace, compassion, honesty of spirit.

Lemon Quartz ~ Oro Verde; Gem of abundance. Prosperity, success, good fortune.

Mexican Fire Opal ~ Fire Energy. Expression, creativity, release of emotion.

Moonstone ~ Stone of Lunar Rhythm. New beginnings, protection, feminine energy, balance.

Morganite ~ Crystal of Divine Love. Healing, compassion, assurance & promise.

Moss Agate ~ The Gardener's Stone. Birth, growth, expansion, abundance.

Peridot ~ Energy of Earth's molten rock. Inner radiance, awareness, fluidity, forgiveness.

Pietersite ~ Stone of the Tempest; the lightning in a storm. High charge and restoration of calm.

Pink Amethyst ~ Energy of a cleansing breath. Soothing, calming, centering & restoring.

Pink Opal ~ Mountain Energy. Connection, levity, inner peace, awareness..

Phosphosiderite ~ The Supreme Soother. Stress relief, balance and spiritual connection.

Pyrite ~ The Protector. Self-acceptance, emotional healing, assertion & new beginnings.

Quartz (clear) ~ The Master Healer. Light, optimism, alignment, clarity.

Rhodochrosite ~ The Soul Soother. Comfort, ease, inner peace.

Rose Quartz ~ Stone of Unconditional Love. Compassion, self-acceptance, tenderness & healing.

Ruby ~ The Queen of Crystals. Vitality, ambition, passion & spirit.

Sapphire ~ Gem of Wisdom. Mental acuity, intuition, understanding.

Smoky Quartz ~ Earth Energy. Grounding, connection, conversion of negativity.

Sodalite ~ The Logic Stone. Intuition, honesty & the clarity of a star-filled sky.

Sunstone ~ Stone of Illumination. Leadership, openness, benevolence & warmth.

Topaz (blue) ~ Crystal of Reflection. Expression, creativity, abundance & generosity.

Tourmaline (pink/ watermelon) ~ The Heart Activator. Happiness, joy, peace & ambition.

Turquoise ~ Stone of Ease. Tranquility, self-forgiveness, well-being & spiritual solace